



Hurst Green Happenings

Spring Term no 71

23rd April 2021

It has been lovely welcoming the children and staff back after what I hope was a relaxing and enjoyable time for all.

The outdoor areas have been worked on and lots of planting and painting has been going on ready for Summer. We also have new play equipment in our lower front playground which the children will be able to enjoy once completed. Can we remind parents to keep their children off this at pick up and drop off please.

With the increase in the warm weather, please see the note below. As a school, we are very keen to promote safety in the sun and there will be more about this in the coming weeks.



This term, we are delighted to welcome back Gymspire who will be running gymnastics classes for the main school. Just a reminder of the change to PE Days:

Year R—Mondays, Year 1—Fridays, Year 2—Thursdays

Thank you for your continued support with the staggered starts and finishes. Now that we have Year 1 and Year R coming in with just 5 minutes apart, it is even more imperative that we ask you not to mix bubbles, stick to the relevant time and continue to wear face masks. We would ask this especially of parents coming onto site.



Finally, we are looking forward to starting to welcome our new Reception children and families ready for September. We will be in touch with more information on our settling in sessions and transition days once we get more guidance from the government.

Enjoy the sunshine this weekend,

Mrs George

Warm Weather

The sun is shining at last and the children are spending more time outside. Please can we therefore ask you to apply sun cream in the mornings prior to school when the weather is due to be warm and sunny. Can you also ensure that your child has a suitable sun hat or cap to wear, which is clearly labelled with their name.

We do have some school branded legionnaire style caps for sale for £5—please email or call the School Office if you would like to purchase one.

Please could we ask that **no sunglasses** are brought into school.



How can Occupational Therapy Support Your Child?

Occupational Therapy (OT) can support children who have difficulties with:

- Self-care (getting ready to go out, eat a meal, use the toilet)
- Being productive (recording written work including accessing IT, cutting and pasting including using scissors)
- Leisure (accessing play time, playing sport and PE)

For questions, support and advice parents can call the OT Helpline on 07974 230 554

2pm - 4pm Tuesdays and Thursdays

Early Years Wish List

With the weather warming up, we are looking to use our sand pit and water tables more.

With that in mind, if anyone has any children's buckets, spades, sieves, rakes etc. which you would be happy to donate to our school, we would be extremely grateful. Please bring in any donations to the School Office.

Thank you—Mrs Fasoyiro



Languages ■ Dance, Exercise & Mindfulness
Humanities & Social Sciences
Craft, Design & Textiles
Art & Photography ■ Cookery
Computing & IT ■ Skills for Work
English & Maths
General Studies

Unlock
your learning potential!

SUMMER TERM ENROLMENT OPEN NOW



HGSA News

Thank you for your support at the Easter Scavenger Hunt before the holidays—we raised a fantastic £186. We are also now able to accept online payments for future fundraising events as an alternative to cash payments, we'll provide further details at our next event.

EP Helpline

The Educational Psychology service has extended their telephone hotline during the COVID 19 pandemic for parents. It is open every Wednesday afternoon from 1pm to 4pm.

An Educational Psychologist from each geographical team will be available to consult about children or broader education issues. The EPs will focus on problem solving, providing information and signposting as appropriate. This is not a formal means of referring an individual child to an EP and consultations about children will be anonymous.

No prior arrangement is necessary, simply call into your area telephone number between 1 and 4pm each Wednesday as follows:

South East (Tandridge, Reigate & Banstead and Mole Valley)

01737 737777



60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

The basic toolkit:

- Containers (small and lidded for dips, leftovers and more)
- Cutlery (if needed)
- Thermos (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- Bamboo kebab sticks (optional, but helpful for making veggies more fun)

Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.

kids fruit

#LunchboxHacks
@VegPowerUK
For recipes, tips and more downloads visit:
vegpower.org.uk

VEGPOWER

5 easy #LunchboxHacks to add more veg in 60 seconds or less:

1. The Salad-on-a-Stick

Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

My Favourite veg was:

2. The Lunch Crunch

1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

I ate this many carrots:

3. The Sandwich Slice

Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

I ate this much cucumber:

4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.

My Favourite veg was:

5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

This week my rating is:

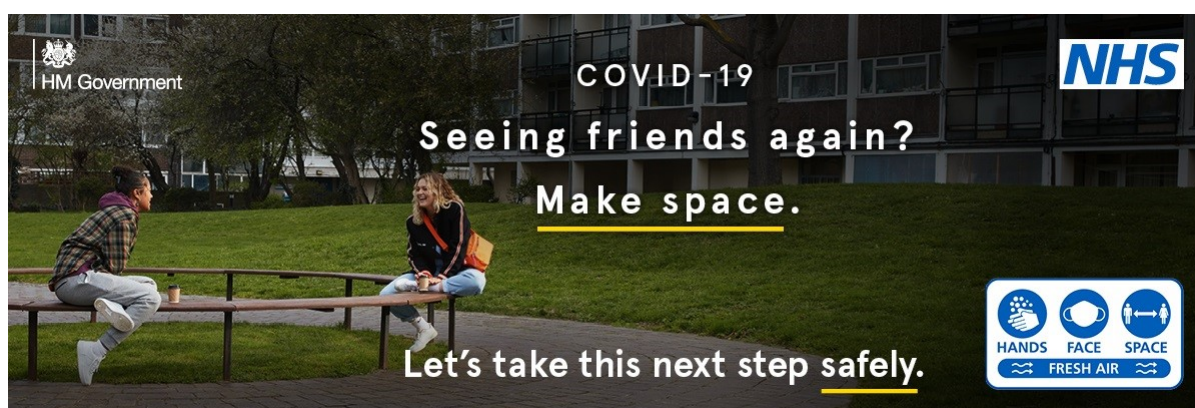
Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

For recipes, tips and more downloads visit:
vegpower.org.uk

DATES FOR YOUR DIARY

Summer Term 2021	
Monday 3rd May	May Day Bank Holiday
Tuesday 4th May	Performance by the Pied Piper—"Zoom"
Tuesday 11th May	Class Photographs
Thursday 27th May	Break up - half term
Friday 28th May	INSET DAY
31st May – 4th June	Half Term
Monday 7th June	Return to school
14th—18th June	Healthy Eating Week
Tuesday 22nd June	New Reception Parents Information Eve
Thursday 24th June	New Reception Parents Information Eve
Tuesday 29th June	Transition Day (TBC)
Friday 2nd July	Sports Day (timings to be confirmed)
Friday 9th July	Reserve Sports Day
Friday 16th July	Leavers Assembly
Wednesday 21st July	Last Day of Term

Autumn Term 2021	
Wednesday 1st September	INSET DAY
Thursday 2nd September	First day of school
Thursday 21st October	Break up—half term
Friday 22nd October	INSET DAY
Monday 25th—Friday 29th October	Half Term
Monday 1st November	Return to school
Friday 17th December	Last Day of Term



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Emergency information regarding the school will be announced on Heart Radio 102.7FM and the school website